



Refferences

- SickKids Handbook of Pediatric Thrombosis and Hemostasis 2nd, revised and extended edition
- http://wwwi.wfh.org/docs/en/Resources/Assessm ent_Tools_ISTHBAT.pdf.

CLINICAL GUIDELINES

S blood advances

Check for updates

ASH ISTH NHF WFH 2021 guidelines on the diagnosis of von Willebrand disease

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D



- 12 years old boy with recurrent epistaxis comes to your clinic
- No URI;
- No allergy
- No trauma or local problem
- Not related to seasons and climate conditions , exercise, etc.
- Normal BP
- Laboratory evaluation :
 - Normal CBC & Platelet Research Center
 - مرکزتمقیقات بیماری های فونی مادرزادی کورگ PT=13``PTT=40

Main Problem

Prevalent complaint

• Easy bruising or bleeding ,especially in children remains a challenge for the consulting hematologist to define a "significant bleeding history" :

Limited Diagnostin tools

 the diagnostic limitations of available laboratory testing for mild bleeding disorders

 mild underlying defects such senital Hematologic as type 1 VWD or platelet function defects
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Normal population

Iceberg of VWD

Expected incidence in IRAN for :

- all types of VWD is about1/100
- bleeders is about 1/10000
- Sever bleeders is about 1/100000



Normal population

- Adults: (http://ds9.rockefeller.edu/RUBHPSR/; accessed May 1,2012)
 - 25% epistaxis,
 - 18% easy bruising,
 - 18% prolonged bleeding after a tooth extraction
 - 47% of women reported heavy menstrual bleeding.
- Children: (Nosek-Cenkowska B, et al.. Thromb Haemost. 1991;65(3):237-241).
- genita• 24% easy bruising

• 39% epistaxis, search Center

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Other Questions

- To distinguish carriers in family members
- To select the type of requested special tests(VWD types ;Platelet function tests; other RBDs ;etc.)
- Treatment decision: the cases who need prophylaxis, intensified treatment, etc.

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Key diagnostic tools

- (1) a carefully obtained bleeding history from the subject and close relatives, including sex, age, site and frequency of bleeding,DH, FH, details of consanguinity,etc
- (2) a detailed physical examination with a focus on the identification of physical findings that may provide important clues regarding an underlying diagnosis and
- diagnosis and
 (3) selected laboratory tests.

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Clinical approach

- Is the bleeding significant?
- 2. Local Vs Systemic?
- 3. Platelet Vs Coagulation disorder?
- 4. Inherited Vs Acquired ?

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The development of the Vicenza bleeding scores

Rodeghiero F, Castaman G, Tosetto A, et al. The discriminant power of bleeding history for the diagnosis of type 1 von Willebrand disease: an international, multicenter study. *J Thromb Haemost*. 2005;3(12):2619-2626

Tosetto A, Rodeghiero F, Castaman G, et al. A quantitative analysis of bleeding symptoms in type 1 von Willebrand disease: results from a multicenter European study (MCMDM- 1 VWD). J Thromb Haemost. 2006;4(4):766-773..

- Original Vicenza :study population included 42 type 1 VWD obligatory carriers and 215 control subjects
- Asked about a multitude of bleeding symptoms
- Scoring
 - Vicenza: from o to 3
 - European MCMDM-1VWD:-1 to 4
- 2 most predictive symptoms for the identification of VWD were
 - bleeding after tooth extraction or surgery
 - cutaneous bleeding (ecchymoses or hematomas).

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Likelihood ratio for VWD using Vicensa BATs

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Table 4. Diagnosis of von Willebrand's Disease Using the Bleeding Score

Bleeding score	Likelihood ratio*	Post-test probability (%)
-3	0.00	0.0
-2	0.04	0.2
-1	0.10	0.5
0	0.13	0.7
1	1.60	8.0
2	2.20	10.0
3	3.00	13.0
4	16.00	43.0

NOTE: This table is based on a 5 percent pretest probability.

*—Likelihood ratio with a 95% confidence interval.

Adapted with permission from Tosetto A, Rodeghiero F, Castaman G, et al. A quantitative analysis of bleeding symptoms in type 1 von Willebrand disease: results for a multicenter European study (MCMDM-1 VWD). J Thromb Haemost. 2006;4(4):771.



Figure 1. Likelihood ratios for VWD based on the Vicenza bleeding assessment tool (-1 version) and on data from the MCMDM-1 study. (Reprinted with permission from Tosetto et al.¹⁵ Copyright 2007, Elsevier.)

CONDENSED MCMDM-1 VWD BAT Condensed Molecular and Clinical Markers for the Diagnosis and Management of Type 1 (MCMDM-1) VWD Bleeding Questionnaire Bowman M, et al . J Thromb Haemost. 2008;6(12):2062-2066

• 6-page questionnaire that requires 5-10 minutes (in comparaison with 40 minutes for 17 pages)

The Pediatric Bleeding Questionnaire (PBQ) of MCMDM-1 VWD BAT

Bowman M,et al. *J Thromb Haemost*. 2009;7(8):1418-1421.

- Shorter life experience, children have fewer or no exposures to bleeding challenges
- Added "other" category, which has pediatric-specific bleeding symptoms toMCMDM-1 (such as umbilical stump bleeding, cephalohematoma, postcircumcision bleedingetc.)

The ISTH/SSC Bleeding Assessment Tool

- Developed by members of an ISTH/SSC Joint VWF and Perinatal/Pediatric Hemostasis Subcommittee Working Group since 2010
- **used in children and adults to diagnose mild bleeding disorders** in patients who are being evaluated for a bleeding disorder **for the first time**
- Only symptoms reported before and at the time of diagnosis should be included'
- Overall utility: R/O VWD , Possible Platelet dysfunction
- Limitations: few validation studies, Requires a skilled professional to administer and 20 minutes
- An abnormal ISTHBAT BS for children (male or female) is ≥ 3 .

Symptom	0 ¹	11	2	3	4
Epistaxis ✓R/O etc.	No/trivial other loc	>5/vear cal or systemic	Consultation Causes: seasona	Packing, cauterization, or al occurrence , URI	Blood transfusion or replacement , Dusty dry air, High BP ,
G Cor	nsultatio ecialist or	n only: the pati offered detaile	ient sought mee ed laboratory in	dical evaluation an vestigation	nd was either referred to a
Bl ✓ pete m ✓ hem Orai cavity	echiae wh atomas w	nen adequately vhen occurring present	described by th without traum	ne patient or relativ a. Surgicai nemostasis or	ves; or Biood transfusion, replacement
_ > too G least 10 > bite	th erupt o minuto s to lip a	ion : when red es nd tongue,: at	quires assistar t least <mark>10 minu</mark>	nce or supervision tes or causes a swo	by a physician, or lasts at o <mark>llen tongue or mouth</mark> .
_ ≻Perr ^H ≻occu _ visit	nanent urring af	teeth fter leaving th	ne dentist's of	fice and requirin	g a new, unscheduled
PBQ: ►Any	report o withou	of bleeding st	opped n : 1		
s >	With co	onsultaion or	1ly:2		
			intervention ³		

Pediatric Bleeding Questionnaire (PBQ)

Score	-1	0	1	2	3	4
Epistaxis	-	No or trivial (5 per year)	>5 per year OR >10 minutes duration	Consultation only	Packing, cauterization or antifibrinolytics	Blood transfusion, replacement therapy or desmopressin
Cutaneous	-	No or trivial (≤lem)	>1cm AND no trauma	Consultation only		
Minor wounds	-	No or trivial (S per vear)	>5 per year OR >5 minutes duration	Consultation only or Steri- strips	Surgical hemostasis or antifibrinolytics	Blood transfusion, replacement therapy or desmoorersin
Oral cavity	-	No	Reported at least once	Consultation only	Surgical hemostasis or antifibrinolytics	Blood transfusion, replacement therapy or desmopressin
Gastrointestinal tract	-	No	Identified cause	Consultation or spontaneous	Surgical hemostasis, antifibrinolytics, blood transfusion, replacement therapy or desmopressin	1
Tooth extraction	No bleeding in at least 2 extractions	None done or no bleeding in extraction	Reported, no consultation	Consultation only	Resuturing, repacking or antifibrinolytics	Blood transfusion, replacement therapy or desmopressin
Surgery	No bleeding in at least 2 surgeries	None done or no bleeding in 1	Reported, no consultation	Consultation only	Surgical hemostasis or antifibrinolytics	Blood transfusion, replacement therapy or desmopressin
Menorrhagia	-	No	Reported or consultation only	Antifibrinolytics or contraceptive pill use	D&C or iron therapy	Blood transfusion, replacement therapy, desmopressin or hysterectomy
Post-partum	No bleeding in at least 2 deliveries	No deliveries or no bleeding in 1 delivery	Reported or consultation only	D&C, iron therapy or antifibrinolytics	Blood transfusion, replacement therapy or desmopressin	
Muscle hematoma	-	Never	Post-trauma, no therapy	Spontaneous, no therapy	Spontaneous or traumatic, requiring replacement therapy or desmopressin	Spontaneous or traumatic, requiring surgical intervention or blood transfission
Hemarthrosis	-	Never	Post-trauma, no therapy	Spontaneous, no therapy	Spontaneous or traumatic, requiring replacement therapy or desmopressin	Spontaneous or traumatic, requiring surgical intervention or blood transfusion
Central nervous system	-	Never	-	-	Subdural, any intervention	Intracerebral, any intervention
Other *	-	No	Reported	Consultation only	Surgical hemostasis, antifibrinolytics or iron therapy	Blood transfusion, replacement therapy or desmopressin

Symptom	0 ¹	1 ¹	2	3	4
Muscle hematomas	Never	Post-trauma, no therapy	Spontaneous, no therapy	Spontaneous or traumatic, requiring desmopressin or replacement therapy	Spontaneous or traumatic, requiring surgical intervention or blood transfusion
Hemarthrosis	Never	Post-trauma, no therapy	Spontaneous, no therapy	Spontaneous or traumatic, requiring desmopressin or replacement therapy	Spontaneous or traumatic, requiring surgical intervention or blood transfusion
CNS bleeding	Never	-	-	Subdural, any intervention	Intracerebral, any intervention
Other bleedings ⁵	No/trivial	Present	Consultation only ²	Surgical hemostasis, antifibrinolytics	Blood transfusion, replacement therapy, or desmopressin

- Include: umbilical stump bleeding, cephalohematoma, cheek hematoma caused by sucking during breast/bottle feeding, conjunctival hemorrhage, or excessive bleeding following circumcision or venipuncture.
- Spontanous or Repeated abortion(?)
- Delayed wound healing (?)
- Their presence in infancy requires detailed investigation independently from the overall score.

Menorrhagia points(ISTH-BAT)

- Severity : more than 80 ml/period
 - More than 30 of tampons/pads used for a typical menstrual cycle
 - Hourly (0.5-2.0 h) change of tampon/pad on the heaviest day of menstrual period
 - use a tampon and a pad at the same time OR a super-absorbent tampon or pad
 - Clot >1 cm or flooding
 - frequently stain through clothes during menses
 - pictorial blood loss assessment chart (PBAC) >100
- Duration: More than 7 days; Present since menarche and > 12 months
- Needs to treatment : OCP; Antifibrinolytics; DDAVP; anaemic or low in iron; Transfusion; surgical intervention
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- lost time from work or school ≥ 2 times in the past year because of heavy periods





- Postpartum hemorrhage
- ✓ uterine discharge (lochia) that lasts for more than 6 weeks
- ✓ judged by the obstetrician as abnormally heavy or prolonged
- ✓ Frequency
- ✓ Needs to treatment Congenital Hematologic

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Menorrhagia	No/trivial	Consultation only ² or Changing pads more frequently than every 2 h or Clot and flooding or PBAC score >100 ⁴	Time off work/ school >2/year or Requiring antifibrinolytics or hormonal or iron therapy	Requiring combined treatment with antifibrinolytics and hormonal therapy or Present since menarche and >12 months	Acute menorrhagia requiring hospital admission and emergency treatment or Requiring blood transfusion, replacement therapy, desmopressin or Requiring dilatation and curettage or endometrial ablation or hysterectomy
Postpartum hemorrhage	No/trivial or no deliveries	Consultation only ² or Use of syntocin or Lochia >6 weeks	lron therapy or Antifibrinolytics	Requiring blood transfusion, replacement therapy, desmopressin or Requiring examination under anesthesia and/or the use of uterine balloon/package to tamponade the uterus	Any procedure requiring critical care or surgical intervention (e.g. hysterectomy, internal iliac artery legation, uterine artery embolization, uterine brace sutures)

ediatric Congenital Hematologic

Symptom-specific bleeding scores for menorrhagia (Pictorial Blood Loss Assessment Chart) and epistaxis are useful for describing the severity of the specific bleeding symptom

Pictorial Blood loss Assessment Chart (PBAC)



Table 2. Epistaxis scoring system	stem [9]
Component	Score ¹
Frequency	
5–15/year	0
16–25/year	1
>25/year	2
Duration	
<5 min	0

- > Sum of scores for all components: mild = 0-6; severe = 7-10
- Estimation of average blood loss per episode, based on fractions or multiples of teaspoons, tablespoons, or cups.
- Proportio of the child's life that nosebleeds have been recurrent (>5/year).

1	15–30 ml	1	
	>30 ml	2	
	Epistaxis history/age ³		Tio
	<33%	0	gic
	33-67%	1	
	>67%	2	
	Site		
ودكان	Unilateral	0	مرحردمميم
	Bilateral	2	

Other points

- A positive family history increases the risk of a bleeding disorder
- Circumcision (with cutting methods) and ear ring replacement as a haemostatic challenge ?
- History of Renal, Liver or Hematological disease
- Drug historyliatric Congenital Hematologic
- Distinction between 0 and 1 is of critical importance
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Pre-operative recommendations

- The European Society of Anaesthesiology :
 - specifically recommends the use of a structured patient interview or questionnaire before surgery or invasive procedures.
- The British Committee for Standards in Haematology:
 - recommends a bleeding history be taken in all patients preoperatively and prior to invasive procedures

 Bleeding history may be negative in paediatric patients due to lack of haemostatic challenges. Therefore, if a positive family history exists, some laboratory workup will be required to confirm or exclude a bleeding disorder

- 1. Chee YL, Crawford JC, Watson HG and Greaves M. Guidelines on the assessment of bleeding risk prior to surgery or invasive procedures. British Committee for Standards in Haematology. British Journal of Haematology, 2008;140:496–504.
- 2. Kozek-Langenecker SA, Afshari A, Albaladejo P, Santullano CA, De Robertis E, et al. Management of severe perioperative bleeding: guidelines from the European Society of Anaesthesiology. Eur J Anaesthesiol. 2013;30:270-382.

Drug History

Table 5. Medications That Cause Bleeding and Bruising

Common

Aspirin Clopidogrel (Plavix) Heparin Nonsteroidal anti-inflammatory drugs Warfarin (Coumadin)

Rare

Cephalosporins Ginkgo biloba Gold Interferon Metaxalone (Skelaxin) Penicillins Propothiouricil Selective serotonin reuptake inhibitors Testosterone replacement Tricyclic antidepressants

مركزتم

Drugs Proved or Suspected to Induce Drug-Dependent Antibody- Mediated Immune Thrombocytopenia

Anti-inflammatory Acetaminophen Acetylsalicylic acid Diclofenac Ibuprofen Indomethacin Meclofenamate Mefenamic acid Naproxen Oxyphenbutazone Phenylbutazone Piroxicam Sodium-p-amino salicylic acid Sulfasalzine Sulindac Tolmetin

Antibiotics

Antituberculous drugs Ethambutol Isoniazid Para-aminosalicylic acid (PAS) Rifampin Streptomycin Penicillin group Ampicillin Methicillin Penicillin Mezlocillin Piperacillin Cephalosporin Cefamandole Cefotetan Ceftazidime Cephalothin Sulfonamides Sulfamethoxazole Sulfamethoxypyridazine Sulfisoxazole Other antibiotics Amphotericin B Ciprofloxacin Clarithromycin Fluconazole Gentamicin Indinavir Nalidixic acid Novobiocin Pentamidine Sodium Stibogluconate Stibophen Suramin Vancomycin Antineoplastic Actinomycin-D Aminoglutethimide Tamoxifen

Anticonvulsants, sedatives, and antidepressants Amitriptyline Carbamazepine Desipramine Diazepam Doxepin Haloperidol Imipramine Lithium Mianserin Phenytoin Valproic acid Cardiac and antihypertensive drugs Acetazolamide Amiodarone Alprenolol Captopril Chlorothiazide Chlorthalidone Digoxin Digitoxin Furosemide Hydrochlorothiazide α-methyldopa Oxprenolol Procainamide Spironolactone

H2-antagonists Cimetidine Ranitidine Cinchona alkaloids Ouinidine Ouinine Miscellaneous Antazoline Chlorpheniramine Chlorpropamide Danazol Desferrioxamine Diethylstilbestrol Etretinate Glibenclamide Gold salts Heparin Interferon-α Iodinated contrast agents Isotretinoin Minoxidil Levamisole Lidocaine Morphine Papaverine Ticlopidine Foods Beans



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Full Length Article

Establishment of a bleeding score as a diagnostic tool for patients with rare bleeding disorders

CrossMark

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Platelet Vs Coagulation disorder

Symptom	Platelet	Coagulation
Petechiae	Yes	No
Sites	Skin & Mucosa	Deep Tissue
Time	Immediate	Delayed
Ecchymoses /Hematomas	Yes	Yes

Note: Local pressure is effective in platelet bleeding

but not in coagulation dis. مرکزتمقیقات بیماری های خونی مادرزادی کودکان

oagulation disorders		
FXIII deficiency	poor wound healing, severe scar formation	
latelet function defects		
Hermansky-Pudlak syndrome	oculocutaneous albinism	
Chediak-Higashi syndrome	oculocutaneous albinism, infections, neutrophil	
	peroxidase-positive inclusions	
ARC syndrome	arthrogryposis, renal dysfunction, cholestasis	
MYH9-related disease	cataracts, sensorineural hearing defect, nephritis	
Leukocyte adhesion deficiency type III	recurrent severe infections, delayed separation of th umbilical cord, neutrophilia	
hrombocytopenia		
Wiskott-Aldrich syndrome	eczema, immunodeficiency	
Thrombocytopenia with absent radii, amegakaryocytic thrombocytopenia with radioulnar synostosis	skeletal defects	
DiGeorge/velocardiofacial syndrome	cleft palate, cardiac defects, facial anomalies, learning disabilities	
Paris-Trousseau/Jacobsen syndrome	cardiac defects, craniofacial anomalies, mental retardation	
X-linked thrombocytopenia and dyserythropoiesis with or without anemia/X-linked thrombocytopenia- thalassemia	microcytosis of RBCs, unbalanced hemoglobin chain synthesis resembling β-thalassemia minor	

Laboratory Approach

- 1. Demonstration of the defect
- 2. Identification of the defect(s)
- 3. Assessment of severity
- 4. Consequential studies eg. carrier detection
- 5. Monitoring of treatment Jisorders Research Center مرکزتمقیقات بیماری های فونی مادرزادی کودکان



Screening Tests

- 1. Platelet count & morphology
- 2. Bleeding Time
- 3. Clotting Time?
- 4. Prothrombin Time
- 5. Activated Partial Thromboplastin Time
- 6. Thrombin Time Congenital Hematologic
- 7. Clot lysis test

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Bleeding time (Ivy Method)

•Inflate and Fix the pressure cuf on arm at 40 mmHg

• make a horizontal incision (1mm depth, 5 mm length) on volar surface of the forearm;2 inches below the elbow line

• dry the bleeding border with drying paper every 30 Sec.

•Nc *PFA-100* ® and recently *PFA-200* ® *are* instruments in which primary platelet-related hemostasis is simulated with small volume blood sample

✤B Not available yet in Iran

✓ platelet count less than 80000-100000 (some times less than 40000 in acute ITP)
 ✓ Platelet dysfunction Dis.

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 Azotemia
 VWD
 Platelet aggregation کارتیمتواند مای مای مونی مادرزاد



products) to improve sensitivity and reproducibility.









Collection of blood sample

- 1. Minimum circ<mark>ulat</mark>or<mark>y stasis</mark>
- 2. Clean venous puncture
- 3. Proper anticoagulant
- 4. Proportion of blood to anticoagulant
- 5. Separation of plasma and storage
- 6. Effect of stress, pregnancy, drugs
- 7. Effect of PCV on the proportion of plasma to anticoagulant





Laboratory Values for VWD*

Condition	Description	VWF:RCo (IU/dL)	VWF:Ag (IU/dL)	FVIII	VWF:RCo/ VWF:Ag Ratio
Туре 1	Partial quantitative VWF deficiency	<30**	<30**	Low or Normal	>0.5-0.7
Type 2A	Decreased VWF-dependent platelet adhesion with selective deficiency of high- molecular-weight multimers	<30**	<30- 200**	Low or Normal	<0.5-0.7
Type 2B	Increased affinity for platelet GPIb; decreased platelets	<30**	<30- 200**	Low or Normal	Usually <0.5- 0.7
Type 2M	Decreased VWF-dependent platelet adhesion without selective deficiency of high- molecular-weight multimers	<30**	<30- 200**	Low or Normal	<0.5-0.7
Type 2N	Markedly decreased binding affinity for FVIII	30-200	30-200	Very Low	>0.5-0.7
Туре 3	Virtually complete deficiency of VWF	<3	<3	Extremely Low (<10 IU/dL)	Not applicable
"Low VWF"**	(30-50	30-50	Normal	>0.5-0.7
Normal		50-200	50-200	Normal	>0.5-0.7

*These values represent prototypical cases. Exceptions occur, and repeat testing may be necessary.

**<30 IU/dL is designated as the level for a definitive diagnosis of VWD; some patients with type 1 or type 2 VWD have levels of VWF:RCo and/or VWF:Ag of 30-50 IU/dL.

NOTE: 30 IU/dL is recommended as the "cut-off" for the definite diagnosis of VWD for the following reasons: 1) high frequency of blood type O in the United States, which is associated with "low" VWF levels; 2) bleeding symptoms are reported by a significant proportion of <u>normal individuals</u>; 3) <u>no abnormality in the VWF gene</u> has been identified in many individuals who have mildly to moderately low VWF:RCo levels. This does not preclude the use of agents to increase VWF levels in those who have VWF:RCo of 30-50 IU/dL and who may be at risk for bleeding.

For patients with an abnormal initial VWD screen (low VWF:Ag and/or platelet-dependent VWF activity) suspected of type 1 WVD, should the diagnostic cutoff be at VWF:Ag and/or VWF platelet-dependent activity <0.30 IU/mL or <0.50 IU/mL?

Recommendation 6

The panel *recommends* a VWF level of <0.30 IU/mL regardless of bleeding, and for patients with abnormal bleeding, a VWF level of <0.50 IU/mL to confirm the diagnosis of type 1 VWD (strong recommendation based on low certainty in the evidence of effects $\oplus \oplus \odot \odot$).

Remarks:

- VWF level(s) refers to VWF:Ag and/or platelet-dependent VWF activity (eg, VWF:GPlbM).
- The lower limit of the normal range as determined by the local laboratory should be used if it is <0.50 IU/mL. ABO-specific reference ranges are not required.
- VWF is an acute-phase reactant that increases in response to a variety of stimuli (eg, bleed, trauma, pregnancy). WVD diagnostic testing should be performed when patients are at a baseline state of health.

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مركزتمقيقات

- **Basic tests**:
 - **Bleeding time** •
 - **CBC**;platelet •
 - Prothrombin time(PT) & mixing test •
 - Activated partial thromboplastin time (aPTT) & mixing test •
 - BG
- 1st specific VWD diagnostic tests:
 - Factor VIII clotting activity •
 - vWF:Ag
 - vWF platelet dependent activity: GP1bM; Ristocetin cofactor activity
- 2nd specific VWD diagnostic tests:
 - Collagen binding activity
 - F VIII binding activity •
 - vWF: pp •
 - LD-RIPA •
 - Multimeric analysis (to define the type of VWD)
- Other coagulation factor deficiency's diagnostic tests:
 - Coagulation factor assay (one stage; chromogenic assay)
 - Clot lysis test ; Elisa ;etc.
- Platelet function assay & diagnostic tests: = Search Center
 - RIPA •
 - Platelet aggregation tests
 - Platelet secretion tests
 - FCM: CD41/61 ; CD 42
- **Genetic tests**











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